

SPECIAL WEBINAR:

SPIRIT OF 2019 SPEAKS WITH SACRED GEOMETRY AND SYMBOL OF 2019: EXPANSION, CO-CREATION AND BALANCE

Namaste to all my brothers and sisters of light.

The God in me honours the God in each and every one of you. Let's raise our right palm.
Send our appreciation to the Creator. Appreciation for what we have in our lives, this moment.
And the gift of healing separation consciousness once more.
Thank you all.

I. CHANNELLING

My dearest family members, they say the celestial family of God as **God is not singular. God is a combination of all energies combined.** And from this combined energy, we embrace you in the divine love. You are part of God indeed. **Everything, that is created, what you see and don't see is part of all that is.**

The family of God, honours your walk on your path to light and self realization.



We have a **grand opportunity in the coming 3 years (2019, 2020, 2021) to have an accelerated learning or remembering experience.**

Many of you attending today will have your own ascension.

You witnessed a beautiful ascension of sister Michelle in the Temple of Isis.

Many of you will also have your own ascension in different sacred places where one will realize that one is part of God indeed fully, this is your birth right. But now, **you will know it, feel it and become it!** So, **for this to happen, there are a few more steps to be taken.**

One of the steps you may want to incorporate is **to work with:**

- **the Spirit of Time,**
- **the Spirit of Mercy**
- **the Spirit of Rhythm**

These three are important components as they **hold certain frequencies connected to Earth.**

In this respect, we invite the spirit of the year 2019 to come now.

I'm sure you'll enjoy these beings' beautiful teachings.

We are the Celestial Beings of the family of God.

● 1. ARCHANGEL MICHAEL

Hello blessed one, this is Archangel Michael.

I am one of the principal overseer of Rae's, accession work, along with the great Holy Ghost Master Shiva.

This message coming through Master Rae, is what I wish to say to all of you:

- You must think and wear the hat of the master from now onwards.

How will the master within me be from today?

How will the master within me think today, act today, experience today and co-create today?

How will the master respond or take an action with unseen energies?

It is one of the keys of ascension in understanding and experiencing the unseen energies.

Now we will step aside, there are many masters waiting to speak to you, Master Buddha, Yeshua, Sanat Kumara, Chief White Eagle. They are so eager, they said that you are their family members. So they are all here today. You will feel their presence for they will touch your body, We have the Great Master Garuda, God Vishnu, the great Goddess of Snake and Goddess Laxmi. All are present. So many of you will feel the pressing of their hands, on your shoulders on your body for today is the sacred gathering of the family.

In the family there is only love.

You will be embraced by the love of God.

We will step aside now.

● 2. COMBINED SPIRIT OF 2019

Hello my dearest Earth brothers and sisters, we are the combined energy, the combined spirit of the year 2019. We don't have a form, we are particles of light strung together to create certain specific patterns.

When a new era begins, which is when a new year begins we string our particles of light in a certain form or certain frequency and that is encoded into the ether of Earth. So like a new baby, when they're born, they have the connection to all that is plus they bring all the gifts they can utilize to have a beautiful n peaceful life, the same way the year 2019 or any new year contains all the possibilities for everything.

As the wise elders many times said, **birthday is the time for praying and meditation for one is able to access the original energy which they brought when they were born.**



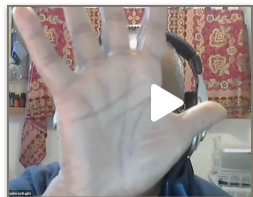
Same way one is able to access the energies of 2019, by connecting to the sacred numbers or frequency for it contains the energy of all important potential probabilities and possibilities.

So we will like you to, or our solution is to, **take time to meditate for the next several days.**

The new year has already begun. It begins when the weather changes and what you call the Winter Solstice, really sets in. So what you call **New Year is not just one day, it is a series of days from December 31st to January 7th. They will hold the energy for all the potential possibilities and probabilities.**

■ 2a. Sound for 2019

Exercise:



Now, I would like you to open your palms and spread it around.
Open all the fingers and bring it in front of your heart and simply make this sound.

Let us make the sound of the year 2019.
First you will just chant these letters.
Okay do it one time, you will feel energy in your palms.
Two...
Zero...
One...
Nine...
And stay in that space.

Many of you may feel strong energy in your palms or in your third eye area.
U have to **do it 3 times**, by placing your hands for a few minutes each time to anchor the light.

What does it do this particular chant?

It's just like when u make the baby's birth happen with more ease, in the same way you'll be inviting the year **2019 to come into your life in a more easy, benevolent, loving way**.
So make 2019 your best friend.

What are the specialities of the year 2019?

It is the energy of expansion.

What does expansion mean?

Simply said, **expansion of the divine love within oneself**.
Because the **more love you have, the more energy you have in your life**.

Have you ever wondered how is energy created?

It is **love which creates energy**.
So the more love you have, the more energy you have.
So naturally, you are an expansive field and this energy expansion can happen and will happen in every area of your life.

So you may want to allocate how much energy you would like to spend on a particular project or particular area of your life?

Maybe on your job or the financial abundance or in a human relationship or in the health area and how much resources you will give to yourself, for self development?

For when you **invite the energy of 2019 to come into you** in the way we showed to you **by** :

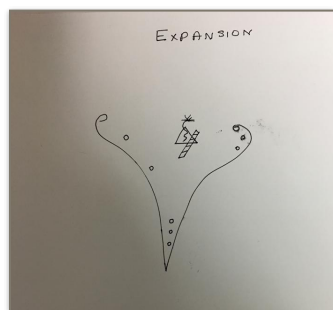
- i. Opening the palms and chanting.
- ii. And when you feel energy bring your hand to your heart.
- iii. You may have to do it 3 times, by placing your hands for a few minutes each time.

It means you are anchoring this light into you and it becomes your truth, a living truth for you. So the year 2019 it is designated with the year of great expansion in all areas of one's life.

■ 2b. Energy of Expansion

Exercise:

Now, there is a sacred geometric pattern which is part of this energy.



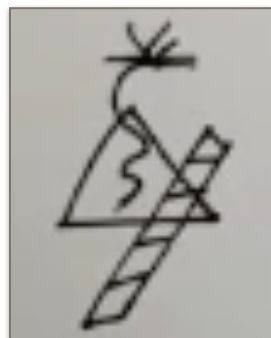
The Energy of Expansion.

Now, we want you to put your hand on this image.

You will **feel tremendous energy coming into your hands.**

And when you feel the energy in your hands, **bring it into your navel area and send this energy to the navel.**

It means you will hold this energy in the power point within you.



If you look at the image you will see two lines.

It represents the **ladder.**

It's called **Jacob's ladder.**

It is the **ladder of ascension** where the angels dropped a ladder into the Earth and they are holding onto the top of the ladder. And they ask humans to climb on the ladder and attain accession.

You see a **triangle and a snake** in that, representing the full **awakening** of the fire power within you.

And when that happens, naturally you have more energy in your life.

Exercise:

Now, there is a sound for expansion.

Now, open your palms once again. Bring it in front of your heart.

And make a sound **INSOMN.**



Now, please see my hand.

Both the hands: thumb is extended, index finger is extended, middle finger is extended.

The other two fingers are touching.

Now, bring your hands together touching at the wrist and bring it to the front of your heart.

8 inches in front of the heart.

And make the sound:

INSOMN...

You will have to do at least **9 times**

You may start to feel a lot of energy in the palms of your hand.

You may also **feel very still, a deep silence.**

It's like the mind shuts down.

You will see it, like an emptiness.

No thoughts about anything.

This is the place of all that is the, that is God.

Thank you all. You may bring your hands down.

■ 2c. Energy of Co-Creation

The second energy of the year 2019 is the **energy of co-creation ability in an aware state.**

You must remember one thing **all of your creation is not just your creation, there are supporting energies when we create.**

In human relationships, your higher self is always co-creating with other human beings' higher self to bring out a certain outcome chosen by your soul to experience something.



So **creation is never done alone.** Although you may think you are doing it yourself. But once you are aware that there is co-creation happening every moment, you may be able to **call forth this unseen and unseen supporting energy to co-create with you the most benevolent outcome.**

But now there is one thing in this, **although you're given intention to co-create at this level, it may be still fearful** because your mind will say, "It is not going to work out" or you will doubt yourself.

So although, it may sound not very good because you will not know the whole picture but in the long term it will always be the **highest good for you and everyone touched by this creation.** Now there are **specific masters for all types of supporting energies in the co-creation department.**

There are angelic energies supporting commerce, business, stocks and shares for agricultural crops for fruit there are angelic energies supporting all this.

Exercise:

When you **wake up in the morning**, you can **call forth all supporting energies available to you, seen and unseen to assist and and support you. And they are only for you. But we will say go to the next level. I am asking and giving intention to co-create with God itself or all that is.**

Why don't you make God the most dearest soul friend?

So **what are some of the things you can co-create in the year 2019?**

Of course, not only everyday supporting energies regarding food, job or relationship.

I request co-creation with God-my responses to situations, my understanding of my emotions.

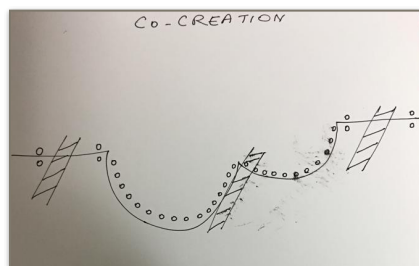
I co-create wisdom to solve situations so that I can move into the light and move forward.

I co-create opportunities in which I may share my light with others or I co-create energies or realities in which I can fully participate in my soul contracts

Dear Ones, we can choose anything. **When you create with God or all that is, it would almost always be part of your soul blueprint or why you're born. And it will always create the highest good for you in your life and highest good for everybody.**

Now we have a sacred geometry.

All the geometry are embedded into the ether of the Earth at this time.



The second **symbol: Energy of Co-Creation.**

Move your hands over it

Now, if you look at this image, you will see **one half of this curve is a bit smaller than other half.**

It means I co-create not only from my soul but also using the divine intelligence in my body and in my mind.

It means it will be a **creation from a grounded level** not just from a soul loving level because as a human race we have not reached that place where there is only love existing in the world.

Now there is a very, very beautiful mudra with this.



Now left hand, all fingers are open and a little tilted.

Right hand, thumb touching ring and pinky finger.

Now bring this right hand fingers into the middle of the left palm.

Bring yr hands to the front of yr heart.

You will feel energy moving in circles or in spheres going around you.

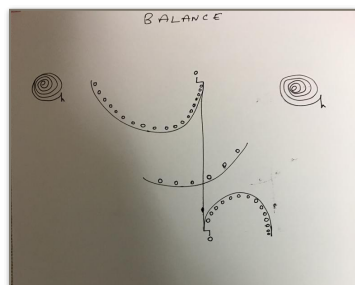
Now when you are doing it, there is a sound for it.

Make the sound: **KAM YOOTT**

You'll feel incredible energy in your palms.
You may even see it, either as a darker energy or indigo.
Everything is in indigo.
Some of you may see a night sky with a bright shining star.

■ 2d. Energy of Perfect Balance

Now, the last energy of 2019, is the energy of Perfect Balance.



The image for the Energy of Balance

So you will see, one of the curve is bigger than the other one.
You see two spirals on both sides.

What does it mean?

My fifth dimensional energy is now joining with the third dimension, the smaller curve, because we are still on the third dimensional reality and I am able to maintain balance between these two worlds. That means I am fully immersed in the fifth dimensional with one leg and I also have my other leg in the third dimension.

Exercise:

We would like you to put both your hands on it and feel again the energy in the middle of your palm.

Just move your hands around the image.

(If you were to just bring your two hands like this (opened palms) and rotate yr hands on the screen.)

You will feel electrical energy coming into the middle of your palm.



When you feel the energy, bring your left hand in front of the heart area fully opened like this.

The right hand- only the index finger is opened.

Now put the right hand in the middle of the opened left hand, like this.

Bring this position in front of your heart.

Again, when you do it you may feel lot of energy in your third eye.
And then you'll make a sound.

SAM VYA

This one you must repeat 12 times.

What does it mean?

It means although you are expanding your energy, and creating in a much larger capacity than before you are still maintaining your equilibrium, you're very grounded and you're in a very balanced place.

Exercise:

Now we encourage you to practice this:

- i. hold the mudra
- ii. look at the geometry
- iii. make the sound for the mudhra

Do these mudras, look at the geometries and do the sounds for a few times **between December 21st and January 7th in one sitting for all 3.**

What will it do?

- Your **cells will absorb the energy.**
- **Your aura will also be aware of this energy.**
- **Also this energy will go into your DNA, creating a new energetic energy inside the DNA.**

Exercise:

Now finally, we will like you to **focus your attention on the pineal gland** and we will just **make each sound 3 times**, fully focusing on the pineal gland.



Now to do it, **bring your hand to the prayer position.**
Bring this **prayer position hand in front of your belly button.**
And then while focusing on the pineal we will do 3 times.
INSOMN - 3x deeper
Do not open your eyes, stay there.
And the second sound is KAM YOOTT - 3x
And the last sound for balance is SAM VYA - 3x



Now you may **open your palms and just touch the pineal gland.**
You may feel a slight pulsing sensation in that area.

You may bring your hand down.

This is **one of the keys of creating in the year 2019.**

Whatever you want to create:

- i. **bring that energy through thought form into your hands**
- ii. **then** bring your hand in a prayer position in front of your belly button
- iii. **chant 3 times each of these words.**
- iv. and **then** bring this palm to the pineal and place it there.

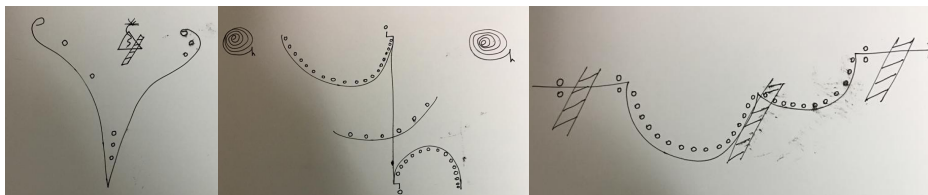
The **pineal will distribute the energy of these three: expansion, co-creation, balance into the signature cell.** And from the **signature cell** it will be sent into all other cells in the body including the **earth star chakra** underneath your feet for manifestation.

Now, after Jenny Cheong sends you these images:

You may want to draw these images on a piece of paper.

You can draw it out in any colour you choose.

Then on the inside of the front door of the main door to the house, you may want to paste it or stick in a horizontal way. All three should be in the equal shape.



There is no particular size, you can choose any size but it should be **equal**.

If you choose small, all three should be small.

Just **place it horizontally**.



It means this house through which you will mainly enter the house, and you will also leave the house, will always contain the energy of expansion, co-creation and balance.

If you wish to do any ceremony with the candles and the prayer, anything is also appropriate.

These energies are embedded into the consciousness of the Earth into the ether.

Also in this particular **galaxy of which Earth is a part.**

It is like a record is being kept of what 2019 represents.

So I would say to my dearest Earth brothers and sisters, **it is time to co-create a healthy energy that will support you in every way and where you find peace, prosperity and freedom in your heart.**